# EATING DISORDERS: SUPPORT THE FRONTLINE

# **CONFERENCE '17**

#### 22-23 NOVEMBER 2017 | IET BIRMINGHAM

Professionals full conference ticket: £195
Family & Friends full conference ticket: £100
All ticket prices are available on our website
www.b-eat.co.uk/frontline

## Are you looking for practical skills to better support someone with an eating disorder?

Beat's two-day conference 'Eating Disorders: Support for the Frontline' will be held in Birmingham on 22nd and 23rd November. The conference has been designed for frontline clinicians and family and friends whose day to day lives are affected by eating disorders.

- Hear from leading experts in the field on insights gained from clinical practice and research.
- Learn from those that have recovered about what helped their recovery and from parents who will speak openly about their struggles and lessons learnt.
- Meet and network with others who work with patients every day and those who care for loved ones.

#### 22 NOVEMBER

## WORKING TOGETHER TO IMPROVE THE PICTURE FOR EATING DISORDERS

Andrew Radford, Chief Executive, Beat

## WHAT MADE THE DIFFERENCE: OUR ADVICE TO FAMILY AND CLINICIANS

**Beat Ambassadors** 

## HOW TO CARE FOR YOURSELF AS YOU'RE CARING FOR OTHERS

Sam Clark-Stone, Lead Clinician, Eating Disorder Service

# THE IMPACT OF EATING DISORDERS ON SIBLINGS, AND WHAT THEY CAN DO TO PROMOTE RECOVERY

Dr Jenny Grunwald, Children and Young People's Community Eating Disorder Service, Springfield Hospital

#### MEAL PREPARATION AND EATING OUT

Laura Lock, Chair of the Royal College of Occupational Therapists, Eating Disorder Forum

#### WHAT MADE THE DIFFERENCE FOR US? REFLECTIONS FROM A RECOVEREE

Dr Elizabeth McNaught, author of 'Life Hurts' and parent Nick Pollard, Co-founder of Ethos Education

## NEW PERSPECTIVE ON TREATMENT AND RECOVERY

Dr Victoria Mountford, Principal Clinical Psychologist, South London and Maudsley NHS Foundation Trust

#### 23 NOVEMBER

## NEW RESEARCH ON THE IMPACT OF EATING DISORDERS ON THE FAMILY

Andrew Radford, Chief Executive, Beat

#### **WORKING WITH FAMILIES**

Natalie Maley, Deputy Clinical Manager and Gill Williams, Parent Practitioner, Newbridge House

#### WHAT I WISH I'D KNOWN THEN: REFLECTIONS ON CARING FOR AN EATING DISORDER SUFFERER

Panel of Parent and Carer Ambassadors

## SPLITTING: RECOGNISING THE SIGNS AND COMING BACK FROM THE BRINK

Beverley Murphy, Director of Nursing, West London Mental Health Trust

#### EARLY INTERVENTION TECHNIQUES FOR PARENTS AND CLINICIANS

Dr Karina Allen, Senior Clinical Psychologist & Danielle Glennon, Specialist Clinical Service Lead, Maudsley Hospital

#### HERE TO HELP: BEAT SUPPORT SERVICES

Caroline Price, Director of Services, Beat

## RESTORED RELATIONSHIPS: FROM CONFLICT TO CO-OPERATION

**Beat Ambassadors** 

The 'Eating Disorders: Support for the Frontline' 2017 Conference is CPD certifed



beating eating disorders

Join us at the IET Birmingham: Austin Court on 22 & 23 November and gain practical skills to help you care and support those whose lives have been affected by eating disorders.

We look forward to seeing you at the conference in November!

Visit www.b-eat.co.uk/frontline to book your tickets today!

For more information about beat's new conference 'eating disorders: support for the frontline' please get in touch by emailing conferences@b-eat.co.uk or call us on 01275 266003.



/beat.eating.disorders

